

## PRE-CARE ADVICE



Thank you for your booking for permanent make-up!

To ensure the best possible & safe results please read through your pre-treatment care thoroughly. Download the pre-care, fill it out & send it back to me with your reply email.

1. Is this your first permanent make-up procedure?  Yes  No
2. Do you have any holidays planned within the next 8 weeks?  Yes  No
3. Do you have any upcoming events?  Yes  No
4. Are you pregnant, trying to conceive or is there any possibility you could be pregnant?  Yes  No
5. Are you breastfeeding?  Yes  No Anaesthetic will be applied to your eyebrows during your treatment which is absorbed into your blood stream. Please express enough for 2 feeds for after your treatment.
6. Do you have a pacemaker?  Yes  No
7. Do you have any unusual scars, moles or birth marks?  Yes  No
8. Do you have any skin symptoms or skin irritation?  Yes  No
9. Have you been on Roaccutane, Accutane or acne medications?  Yes  No If you have been on acne medication within 12 months you are unable to receive permanent make-up until you have been off the medication for at least 12 months.
10. If you take Aspirin, Fish oil, Niacin, Vitamin E, Ibuprofen or Blood thinners please do not for 72 hours before your appointment (unless medically advised). Do you take any of these?  Yes  No
11. Do you have any autoimmune diseases?  Yes  No
12. Do you have Hepatitis or HIV?  Yes  No
13. Do you have any Keloid scars?  Yes  No
14. Do you have any issues with wounds healing?  Yes  No
15. Do you have any allergies or medical conditions not listed?  Yes  No
16. Have you ever had an allergic reaction to product, treatment or procedure?  Yes  No

### Pre-care

- You must be over 18 years to receive permanent make-up.
- Children are not permitted during your appointment.
- No alcohol, energy drinks or caffeine 24 hours prior to your appointment. (Green tea & Coca-Cola contain caffeine).
- Have eyebrows waxed, threaded, tinted or henna no closer than 1 week before your appointment & no sooner than 4 weeks after your initial appointment.
- No skin treatments such as peels, microdermabrasion, mesotherapy, Botox/fillers or skin needling 8 weeks before your appointment.
- Please wash your hair before the procedure, you will not be able to get your eyebrows wet once they have been tattooed.
- You will not be able to get your eyebrows wet after your treatment for 10 days so avoid long hot showers during this time, you will be washing your eyebrows AM & PM only (use a shower cap to keep eyebrows dry).
- No picking or rubbing! Your eyebrows will go through a healing process (approximately 6 weeks) they will scab & flake. Any picking will cause scar tissue damage & pigment will be lifted resulting in uneven colour. It is extremely important you let the skin exfoliate away naturally, under no circumstances NO picking, rubbing or scratching.
- No heavy exercise causing you to perspire for at least 7 days, light exercise is ok but no sweating!
- No sunbathing/tanning for 6 weeks after your initial appointment (remember your touch up will be 6 weeks so rules apply for that appointment too).
- Always wear an SPF over eyebrows (once healed). Prolonged sun exposure will cause premature fading. Ideally wear a hat even once fully healed.
- No swimming, saunas, floatation or any other water treatments until your eyebrows have healed (at least 4 weeks).
- No make-up on eyebrows for at least 2 weeks after treatment.
- Smoking will cause pigment to fade.
- No enhancement serums to be used within 6 weeks of your appointments.

## What to expect after your treatments

Slight redness, swelling and discomfort for 2 days after your treatment, if not resolved after 2 days contact Freya. Do not use any creams/ointments on the area unless prescribed by Freya. The day after your treatment the colour will appear darker as it begins to heal.

As your eyebrows heal you will see the pigment widen and the colour will soften, they will then begin to scab & flake away (NO picking). Once flaking is complete, there will be a nearly invisible layer of skin which will make the pigment look faded. Within the first two weeks of flaking you will notice the colour coming back through as the skin continues to repair itself. Depending on your skin type & correct aftercare it is normal to see a few strokes/pigment fade and even disappear from the skin.

After your 42 days of healing you can come back to get your touch up. The touch up is to go over the strokes or shading again, replace any pigment that may have disappeared and potentially go slightly darker as we can certainly add colour but not take away.

Please remember your treatment is a two step process.

Your touch up will ensure the longevity of your colour. Your touch up appointment should be no longer than 3 months after your initial appointment. Your touch up appointment is included in your initial payment price. If you require a 2nd touch up appointment there will be an additional fee of \$150.

This is a low maintenance option, it is not completely maintenance free, you may still need to maintain your eyebrows with waxing, tweezing & tinting etc. Your genetics and lifestyle will affect how your tattoo lasts and you may still need to powder/pencil your eyebrows in.

You will need a colour touch up in approximately 12-18 months to maintain a fresh & natural appearance, however it is impossible to state exactly how long permanent make-up may last as healing and duration of pigment is specific to each individual. Fading will happen after each procedure, we do not have control over our bodies healing process. Remember permanent make-up is an art not a science and results vary from person to person.

Remember that no two sides of the face are the same or perfectly symmetrical. While trying to obtain perfect symmetry is my goal please be mindful that nothing is PERFECT.

Permanent make-up does lead the skin to injury. Therefore it is extremely important to follow your pre-care and aftercare very carefully. Inadequate healing care can lead to poor results that Freya Daisy Cosmetics is not liable for.

To confirm your appointment I require \$100 deposit which will be taken off your final payment. If making an online bank transaction please state your name & booking date as the reference. My account number is: 02 0865 0089470 000

If you wish to cancel or reschedule your appointment I require at least 48 (business) hours notice, if this notice is given you will be refunded 80% of your deposit for cancellations only. If less than 48 (business) hours notice is given you will forfeit your deposit. You can reach me on 027 538 5380 or freya@freydaisycosmetics.co.nz

I AGREE TO READING ALL PRE CARE AND THAT I AM A SUITABLE CANDIDATE FOR PERMANENT MAKE-UP.

Client Signature: \_\_\_\_\_

Date: \_\_\_\_\_